

Manometry/ pH Probe Preparation Check-list

Procedure Date

Time

1 Day Prior to Procedure

Date

- ☐ A. Medications: all medicines (blood pressure, cholesterol, diabetes, etc) should be taken as regularly scheduled. Take only ½ of any long acting insulin the night before the procedure (lantus, ultralente, etc)

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****NOTHING TO EAT OR DRINK AFTER MIDNIGHT****

Morning of Procedure

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- A. Medications: take all medications as prescribed the morning of your procedure with small sips of water

(Blood pressure, Asthma, Pain meds)

- take ½ dose of any long acting insulin (lantus, ultralente)
- do not take short acting insulin, or glyburide/ glipizide the AM of procedure:

Reporting for Procedure

Date

Time

A. Go to GI Clinic 15min before procedure (Clinic opens at 0730) phone 433-1077
Please wear button-down clothing for this procedure. You will sign a consent form, and wear a hospital gown to protect your clothing during the test. It usually takes about 30 min to 1 hour.

B. **Manometry:** A thin catheter will be placed through your nose into your esophagus (or "food pipe") to measure the strength and function of the esophagus. Results can identify causes of heartburn, swallowing problems, or chest pain. It can also help plan and determine success of a planned surgery.
If you ate breakfast of any kind, we will have to reschedule.

It will take a few days for the physician to evaluate the study, and we will contact you with the plan of care following the test. Please give us a good number where you can be reached.

Please call the GI Clinic with any questions or concerns @ 433-4084

Call 433-1077 if you need to cancel or reschedule. Give as much notice as possible, please.

MAHALO